



# THE APPLE OF YOUR EYE

## SLOG QUARTERLY NEWSLETTER

ISSUE 1 – AUTUMN 2009

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## WELCOME TO CAPRA MEMBERS!

Now that the merger of SLOG and CAPRA is complete, we take this opportunity to welcome the 46 CAPRA members to SLOG.

Besides continued access to the big apple press, you may well wonder what benefit this merger offers you.

We hope this newsletter will give you some indication, and checking the SLOG website <http://www.slorchards.co.uk/Index.html> will provide much more information.

Please read the list of forthcoming events below and we hope to have the opportunity to meet you at one or more of these events in the near future.

## Introduction

Why have we got a newsletter all of a sudden?

Well, many new members ask “How can I find out about upcoming events?” and “Can you give me some details about xyz?” etc.

And now, following the recent merger with CAPRA (The Broughton-in-Furness based Community Apple Press Association) we have a lot more new members who must wonder “What’s going on in SLOG?”

The purpose of a newsletter is to communicate information, so this is our attempt to do just that.

Since it’s our first issue, there are bound to be errors and/or omissions so bear with us, with luck it might improve!

If there are any subjects you would like to see in future editions, please respond to [sec@slorchards.co.uk](mailto:sec@slorchards.co.uk) so we can make it as relevant and useful as possible to SLOG members.

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## FORTHCOMING EVENTS

Look in:

<http://www.slorchards.co.uk/SLOGevents.html>

### Sizergh Castle Orchard Week - Sept 28th - Oct 1st 2009

Come and talk to our experts on Tuesday 29 Sept or Thursday 1 Oct afternoons, and bring samples of your apples for identification.

For [directions click here](#)

### Arnside and Silverdale Apple Day - Saturday 3rd October 10.00am to 4.00pm Orchard Barn, Briery Bank, Arnside.

SLOG will be there to join the AONB in celebrating Apple Day. They are building on the success of previous events with some new attractions and running in conjunction with Ashmeadow's open day. This is the main AONB fun family learning event for this year and is a day not to be missed. Phone the AONB office on 01539 761034 for more details.

Admission: Adults - 50 p / Children - Free

### Acorn Bank Garden Apple Day - Sunday 18th October 11.00 to 4.30pm Temple Sowerby, nr Penrith, Cumbria CA10 1SP

Renowned for its orchards growing old English fruit varieties, this day is a celebration of the English apple. Apple identification and advice on growing Northern varieties. A very popular day, and well worth the visit. SLOG will be there too. For more details contact Acorn Bank on 017683 61893.

Admission: £5 including NT members. See the [National Trust page](#)

### Joint Event with Abundance Group for Food Festival Week - Saturday Oct 31st in Kendal Town Centre

We will be joining with the Kendal Abundance Group to promote apples. More details to come

### Social and Apple Pressing Day - Saturday 7th November at Thornbarrow, Witherslack, Grange-over-Sands 2.00pm to 4.00pm *(Note: date may be advanced, any change will be advised)*

A SLOG members event. Bring your apples for pressing or just come along to try the juice, cider or just to have an afternoon with people who are potty about apples.

## WESTMORLAND SHOW



SLOG stand at the County Show

Following a wet July and August, the weather finally improved after the start of the new school term and the sun shone on the County Show.

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SLOG was there with our stand and many of the Show's 30,000 visitors paused for a chat and a taste of Bob's cider. Both the big and small apple presses were on display and generated considerable interest. Many visitors were tourists who wanted to know if there was a SLOG-equivalent in their county. The answer of course is yes. It was also a good opportunity to generate interest among the locals to join SLOG

## AUTHOR AND ILLUSTRATOR MEET AT LAST



Phil Rainford & Jane Pape at the SLOG stand

SLOG member Philip Rainford was helping to man the SLOG stand at the County Show when along came a lady who picked up a copy of one of the publications on display "Orchards of the Arnside & Silverdale AONB" and said "I illustrated that!". It turned out that Phil and Jane, despite writing and illustrating the publication, had never met before! Phil and Jane (seen holding the publication) then reminisced about its preparation. If you don't have a copy, take a look next time you get the chance. It is very detailed and a snip at £3!

## APPLE PRESS HIRE

Following the merger with CAPRA, SLOG now has two apple presses for hire.

The big one (ex-CAPRA) is usually based at Broughton-in-Furness. It is so big that it comes in a trailer (too big to carry in a car) so you need a towbar for it. Its custodian is Dick Palmer (tel: 01229 716724) to whom all enquiries and bookings should be directed. Hire charge is £20 per day or part thereof.

The small press is a 12L Vigo capable of producing 2-3litres of juice from 4-5kg of apples per batch. Its custodian is Andy Gilchrist at Kendal and enquiries & bookings can be made to [andygilchrist@hotmail.co.uk](mailto:andygilchrist@hotmail.co.uk) or tel 01539 727772. Hire charge is £5 per day or part thereof.

## HARVEST LINE

Adele Jones at Halecat Orchard wants your apples! If you have spare apples this season, Adele will take them for juicing and repay with juice. Call Adele on 015395 52102

## GRAFTING TO ORDER

SLOG is offering a new grafting service this winter. If you want a particular variety on a particular rootstock, it can, subject to availability, be grafted for you. Bob Bradley is the co-ordinator for this service. Call Bob on 015395 52340 with enquiries & orders.

## RECIPE APPEAL

Get your name in print. Do you have a favourite recipe?

We are planning a small, low cost, booklet to promote South Lakeland Orchard Group that will include superb fruit recipes. Cakes and crumbles, jams and preserves, puddings, bottling tips, ice creams and sorbets, tarts, trifles and gateaux, meringue pies etc - in fact anything that you can use fruit for.

Please send us your best - the one that everyone loves and wants the recipe for. The booklet will include information about the group and our

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aims as well as other snippets but we want it to be mainly recipes. It will be called 'Now that we've got all this fruit, what do we do with it? We'll add your name to the end of any of your recipes that are used (unless you don't want us to). Also any drawings or illustrations to do with orchards and fruit, why not get the family involved? Please contact Adam on [info@slorchards.co.uk](mailto:info@slorchards.co.uk)

## NATIONAL ORCHARD FORUM

The National Orchard Forum is a voluntary umbrella organisation which represents the 20-30 heritage orchard groups (of which SLOG is one), exchanging relevant information between them and raising awareness of national orchard issues. [www.nat-orchard-forum.org.uk](http://www.nat-orchard-forum.org.uk)

Their summer newsletter has recently been issued. It is 41 pages long with much detail and useful websites, contacts & links. It has been placed on the homepage of the SLOG website: <http://www.slorchards.co.uk/>



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